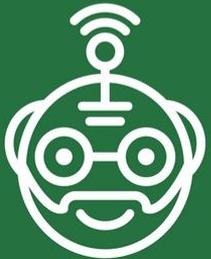


TECHSENIOR

TECHNOLOGY FOR ASSISTING SENIORS

Module 5: Electronic Interaction



Electronic Interaction

Using the internet in everyday life

The use of the internet is widespread nowadays, due to the many advantages it offers.

While younger generations are fully familiar with its use, older people do not use it in their everyday lives.

This is the main purpose of the elderly trainer: to convince them that *"If I can do it, you can do it too!"*

Electronic Interaction

Using the internet in everyday life

While older people are the ones who can benefit more from the benefits of using the internet, the proportion of older users is very small.

This section is about teachers who plan to train elderly people and specifically how to use the internet to improve their daily lives.

Information is provided about the things the elderly usually tend to find difficult.

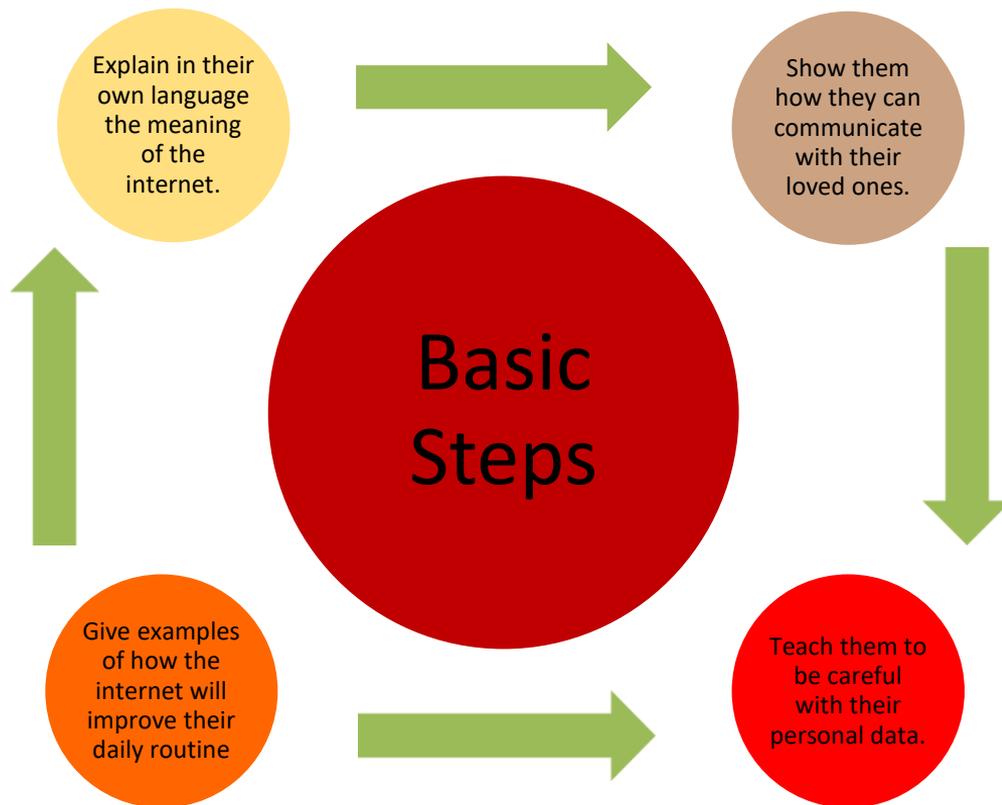
Electronic Interaction

Having Active Presence on the Internet

- **Electronic Mail** – Older people should be trained in how they can create and use an e-mail account.
- **Social Media & Communication** – Teaching older people about using social media tools (Facebook, Twitter, etc.) is very useful to them because it allows them to get in touch with family, friends etc.
- **Use of Telecommunication Applications** – The best and easiest way for elderly people to stay in touch with their grandchildren (and not only) are applications like Viber, Skype, Whatsapp, etc. Knowledge of these applications is more necessary than ever before, so to keep in touch with the rest of the family.
- **Search for Information on the Internet** – It is very important for the elderly to know how to look for information on the Internet on various topics, such as health, leisure, insurance, taxes etc.
- **Use of Web-TV** – By using Internet TV they will be able to spend their best time, keeping it up to date.
- **Telemedicine** – Using the Internet to communicate with doctors will greatly facilitate a process that is often very laborious and will make them more independent.

Using the internet in everyday life

Basic Steps



Using the internet in everyday life

Basic Steps

Explain the importance of the internet in their own language

Explain to them that the internet can dramatically improve their daily routine, enable them to communicate, have more quality time, and be more independent.

With the right manipulations and careful use, the internet is not only not dangerous but it can provide them with knowledge and information.

Using the internet in everyday life

Basic Steps

To look for what they need

- Explain how the search engines work and how they can find what they are looking for at any time.
- Show them how easy it is to read news about issues that concern them.
- Look for their loved ones on social networks with them.
- Learn them to write e-mails and send files.

Using the internet in everyday life

Basic Steps

Show them how they can communicate with their loved ones

Explain how they can create accounts at:

- Electronics
- Social Media & Communication (Facebook, Twitter, etc.)
- Telecommunication Applications (Skype, Viber, Whatsapp etc.)

Using the internet in everyday life

Basic Steps

Give examples of how the internet will improve their daily life

Help elderly people use the internet to have a more enjoyable life, be informed about their hobbies, watch rows and news on their computer.

Show them how to save time and money by communicating with their doctors through web-based applications.

What should the elderly be taught

Explain the browser

Electronic Mail

Social Media & Communication

Use of Telecommunication Applications

Search for Information on the Internet

Use of Web-TV

What should the elderly be taught

Electronic Mail

Teach the wonders of email and help an elderly internet user to create an email account.

Show them how they can send an e-mail, attach files, and make multiple shipment.

Choose the right e-mail provider on the Internet with ease of use.



What should the elderly be taught

Use of Telecommunication Applications

Show them how to search for and install a telecommunications application on their computer.

Create accounts and look for their loved ones together.

Make calls to see in practice how the applications work!



What should the elderly be taught

Telemedicine



Explain them how they can use e-mail and telecommunication applications to send material, speak or even distance meetings with their doctors.

THANK YOU

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